

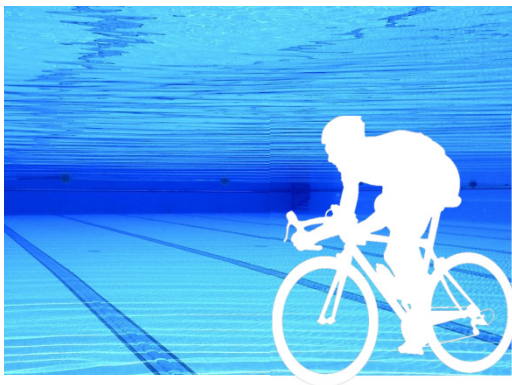
# 6<sup>th</sup> USPE EUROPEAN POLICE SPORT CONFERENCE

Turin, 7<sup>th</sup>-10<sup>th</sup> November 2019

„Health Management for Police Officers“  
„Fit for Duty – Fit for Life“



con il patrocinio della  
**CITTA' DI TORINO**



# PROGRAM

Time	Topic	Presenters
Day 1: November 7th, 2019 18:00	<b>Little sightseeing tour of Turin</b>  <b>Welcome reception in the City Hall</b>	<ul style="list-style-type: none"> <li>– Mr. Enzo La volta, Vice President of the City Council</li> <li>– Mr. Antonio Barbato, President ASPMI</li> <li>– Mr. Roberto Finardi, Councilor of Sport and Local Police of the City</li> <li>– Mr. Emiliano Bezzon, Commander Local Police of the City</li> <li>– Mr. Luc Smeyers, USPE President</li> </ul>
Day 2: November 8th, 2019 10:00 – 12:00	I  <b>„Making the USPE more popular by exploring new ways of communication”</b>	<ul style="list-style-type: none"> <li>– Opening and introduction: Luc Smeyers, USPE President</li> <li>– Mr. Rigas Oustampasidis, Hellenic Police Athletic Association</li> <li>– Mr. Sören Starke, European Judo Union (EJU) Media Director</li> <li>– Moderator: Journalist (La Stampa) – to be confirmed</li> </ul>

Time	Topic	Presenters
<p>Day 2: November 8<sup>th</sup>, 2019 13:30 – 17:00</p> <p>Day 3: November 9<sup>th</sup>, 2019 09:00 – 13:00</p>	<p style="text-align: center;"><b>II</b></p> <p style="text-align: center;"><b>“Health maintenance as a leadership responsibility”</b></p>	<ul style="list-style-type: none"> <li>– Coordinator and Speaker: Dr. Anne Lukomski-Mouillard, USPE Chair Medical Commission</li> <li>– Mr. Bill Skelly, Police Chief of Lincolnshire UK</li> <li>– Mrs. Fiona Meechan, Lead for Wellbeing at the National College of Policing UK, “Wellbeing in Policing”</li> <li>– Mrs. Helen Oliver, Cardiff Metropolitan University, “Academic research around the benefits of physical activity on wellbeing and update from Police Sport UK”</li> <li>– Dr. Anne Lukomski-Mouillard, Physician Regional Inspector Toulouse, "Health benefits of sport : an update. Cohesion through sport in the French Police"</li> <li>– Dr. Dirk Wynsberghe, Head physician Belgian Police, “In Sickness and in Health: how to improve the health of Belgian Police personnel?”</li> <li>– Dr. Konstantinos Koronios, Research Coordinator Laboratory of Organization and Management of Services and Quality of Life, Sport Management Department, University of Peloponnese and Mr. Rigas Oustampasidis, Hellenic Police Athletic Association, “Policemen and Sport. Motives &amp; Constraints influencing policemen’s participation in sport activities”.</li> <li>– Moderator workshops:</li> <li>– Mrs. Epp Jalakas, Vice President of Estonian Police Sport Association EPSA, Estonian Academy of Security Sciences EASS</li> </ul>

Time	Topic	Presenters
Day 3: November 9 <sup>th</sup> , 2019 14:00 – 15:30	<p style="text-align: center;">III</p> <p style="text-align: center;"><b>“Judo is more than sport”</b></p>	<ul style="list-style-type: none"> <li>– Coordinator and Lead Speaker: Mrs. Jane Bridge, Vice President EJU</li> <li>– Mr. Oliver Schürch, USPE Technical Delegate Judo</li> </ul>
Day 3: November 9 <sup>th</sup> , 2019 15:30 – 17:00	<p style="text-align: center;">IV</p> <p style="text-align: center;"><b>Judo training for everyone</b></p>	<ul style="list-style-type: none"> <li>– Mr. Johannes Daxbacher, Member Police and Military Commission International Judo Federation IJF</li> </ul>
Day 3: November 9 <sup>th</sup> , 2019 17:00 – 17:15	<p style="text-align: center;"><b>Closing speech</b></p>	<ul style="list-style-type: none"> <li>– Mr. Luc Smeyers, USPE President</li> </ul>
Day 3: November 9 <sup>th</sup> , 2019 19:00	<p style="text-align: center;"><b>Farewell dinner and cultural activity</b></p>	<ul style="list-style-type: none"> <li>– Mr. Massimo Re, Vice President Associazione Sportiva Polizie Municipali d’Italia - ASPMI</li> <li>– Mr. Antonio Barbato, President ASPMI – to be confirmed</li> </ul>
Day 2: November 8 <sup>th</sup> , 2019 08:00 – 09:00 (optional) + 17:00 – 18:00 (optional)  Day 3: November 9 <sup>th</sup> , 2019 07:00 – 08:00 (optional)	<p style="text-align: center;">V</p> <p style="text-align: center;"><b>„Fit for Duty - Fit for Life“</b></p>	<ul style="list-style-type: none"> <li>– Coordinator: Mr. Andreas Röhner, USPE Secretary General</li> <li>– Mrs. Stefanie Radenovic, USPE Office</li> <li>– Mr. Wolfram Müller, USPE Office</li> </ul>

### *President of ASPMI*



In the introduction, as president of ASPMI, I want to thank the mayor of Turin, Chiara Appendino, the councilor for security and sport, the entire municipal administration, the commander of the local police Emiliano Bezzon, for the support they always give at the level national and international initiatives involving ASPMI.

I want to thank the President of the Turin Sports Group, Massimo Re, for their efforts to carry out initiatives that, in addition to being sporting, are friendship, brotherhood and cohesion between colleagues from the police force and the local police, in Italy and in the international field.

I thank the USPE delegation for having once again chosen Italy and, in particular, this magnificent city to hold a conference on sport which, I am sure, will be rich in contents and important ideas without ever forgetting that to overcome preconceptions about forces of police and local police, we must work to make our fellow citizens feel close.

We can do this by promoting our human image, that of the athletes who, winning trophies, make all sports fans experience great emotions, the same emotions we experience when we enter schools to meet the younger generations and talk to them about legality education !

Therefore I welcome everyone to our wonderful nation.

## FINARDI ROBERTO

### ***Councilor of Sport and Local Police of the City***

On behalf of the City of Turin, with great pleasure I greet and welcome all the representatives of the European Police Forces who will participate in the 6th USPE Conference scheduled in Turin.

The Conference represents an important moment of confrontation, discussion and collaboration between the participants, and in addition to the promotion of sports, it is a tool to foster contacts between individuals, to sensitize them to the harmonization of intercultural cooperation.

I thank the Union Sportive des Polices de Europe for the commitment and dedication with which it applies for the diffusion of sport in the Police Forces, from the amateur level to the professional level and for the activities that it carries out with seriousness and competence.

I extend to the participants the wish to spend three intense and exciting days.



***Commander Local Police Turin***



The Turin Municipal Police Corps has always distinguished itself by being open to major sporting events held in our city.

All the more reason we are proud to organize the 6th European Uspe Conference in Turin, which involves the European Police Forces for greater sports involvement of all colleagues.

I thank Uspe for having chosen our city for this important event and wish everyone a happy stay in Turin.

### ***President of the USPE***

On behalf of the Union Sportive des Polices d'Europe (USPE) I am very happy to welcome you at our 6th USPE European Police Sports Conference.

When we first organized this event in 2005 in Lübeck we wanted to build a forum to exchange ideas and good practices among the National Police Sports Associations of our 40 member countries. The conference would give us more time to reflect on themes and function as a think tank for the USPE and its members.



During the past years we organized our USPE Conference in Germany, Switzerland, Russia, the Netherlands and Hungary. We discussed a great variety of topics regarding Police and Sports. The input and interaction during these conferences helped us e.g. to improve the quality of our USPE European Police Championships and to define our USPE mission, vision and values.

This year's theme addresses the Health Management of Police Officers in Europe. How can we keep our colleagues fit for duty and fit for life? All over Europe police forces are looking for answers to live up to the higher demands and expectations. During this conference we want to explore how we can contribute to the physical and mental aptitude of police officers. What are the benefits of police sport, a healthy lifestyle and other elements for the well-being? What can we learn from each other? What insight can we gain from a sports discipline like Judo?

I am convinced this very up-to-date theme will inspire the speakers and participants, to have fruitful discussions in the beautiful Olympic city of Turin. Last but not least I want to thank our Italian hosts, ASPMI and the City of Turin, for the preparation and the great hospitality.



**Luc Smeyers**

First Chief Commissioner of Police Luc Smeyers has been appointed as Police Chief of the Local Police Neteland in the province of Antwerp (Belgium) since August 2001. The mission of this Local Police force is to provide broad basic police service founded on community policing. In his role as Police Chief, Luc Smeyers, works closely with other local, regional and federal agencies.

As acting President of the Belgian Appeal Commission for the Aptitude of the Integrated Police he has first-hand experience in the medical evaluation of the physical and mental aptitude of police officers.

As President of the Belgian Police Sports Association (BPSB-FSPB) since 1999 he has been promoting police sports in close cooperation with the many Police Sports Clubs in his country. He is a member of the General Assembly of the Belgian Olympic and Interfederal Committee (BOIC).

He has been President of the Union Sportive des Polices d'Europe (USPE) since 2008. The USPE's mission is to promote the cooperation of the Police forces in its 40 member countries in Europe. The USPE organizes European Police Championships (EPC) in 16 different sports disciplines.

Under his leadership the USPE built relations with many International Sports Federations. Furthermore the USPE developed the European Police Performance Badge to promote the fitness of police officers.

## SPEAKER

### **Oustampasidis Rigas**

OUSTAMPASIDIS Rigas is a Police Warrant Officer, was born in 22nd September 1983 in Thessaloniki Greece. He serves on the General Security Directorate V.I.Ps / Training department as the Secretary of the department since 19-10-2011.

He is the General Secretary of the Hellenic Police Athletic Association and is a member of the Executive Committee of U.S.P.E.

He holds a degree of Sport Management from the University of Peloponnese. He is a Postgraduate Student in Military Fitness and Wellbeing University of Thessaly. He is married and has a one-year old daughter.

He loves basketball and tennis.



**Sören Starke**

*Media Director*

*European Judo Union*



2014 he started to work for the European Judo Union, the most successful continental federation in Judo. Since 2015 he is the media director and responsible for any media relations and online PR. Together with his team he has to manage all social media channels and to create any multimedia content (video, photos and text) for these channels (/europeanjudo).

## COORDINATOR/SPEAKER

### **Anne Lukomski-Mouillard MD**

Anne has been chief of the Medical Service in the French National Police in Toulouse for more than 15 years.

She is most involved in sports. She has a qualification in Sports Medicine and works closely to the FSPN (National Police Sport Federation) as a federal medical doctor and as President of the Occitanie region.

She is also President of the Medical Commission (USPE).

Anne holds several postgraduate degrees (Paris): nutrition and metabolism, injury expertise, expertise in ability to hold weapons and a biostatistics certification.

The topic of my presentation is :

"Health benefits of sport : an update  
Cohesion through sport in the French Police"



**Chief Constable Bill Skelly**

Bill commenced his role as Chief Constable of Lincolnshire Police in February 2017. He is currently Lead for the NPCC Performance Management Coordination Committee.

Throughout his policing career he has held many rewarding positions including leading the Immigration Crime Team at New Scotland Yard and being appointed in 2008 by Her Majesty the Queen as her Inspector of Constabulary for Scotland. As an ACC in Police Scotland he worked on the safety and security of the 2014 Commonwealth Games, before becoming DCC at Devon and Cornwall in November 2013

He is a Fellow of the Institute of Directors having passed with distinction their Certificate and Diploma programmes and been accepted as a Chartered Director. In June 2019 he was given the award of East Midlands Public Sector Director of the Year.

He is a keen supporter of celebrating policing history and was the founding Chair of the South West Police Heritage Trust.

When not on duty Bill, who is married with two daughters, likes to spend his time outdoors, enjoying walking and cycling, including in the past, pedalling from London to Edinburgh!

He is also an avid volleyball player and the chair of the Police Sport UK Volleyball Section, playing on many occasions as a member of the National Police Team at home and in Europe.

## SPEAKER

### **Fiona Meechan**

*Organisational  
Development Wellbeing Lead – National  
Police Wellbeing Service  
College of Policing, UK*

Fiona works on the design and delivery of The National Police Wellbeing Service in the UK. The service supports all UK police forces to improve the wellbeing of police officers and staff and aims to provide support at all levels of need, including responding to trauma, psychological risk management, building individual resilience and developing leadership and management to build a culture of wellbeing. Fiona has previously worked as a Lecturer in Leadership at Manchester Business School and has held senior leadership roles in Greater Manchester Police and Local Government. She has a MPhil in Criminology from The University of Cambridge and a MSc in Human Resource Management from Manchester Metropolitan University and is currently studying for a PhD in Business and Management at Manchester Business School. She is the author of the Compassion at Work Toolkit.



### **Helen Oliver**



Helen is researching the health and wellbeing in two Welsh police forces. Initially, the research programme found that medium-high physical activity levels positively influenced health outcomes and protected police officers and staff against some of the negative effects of work-related stress. Now in its fourth year, the project aims to increase physical activity and promote wellbeing across the forces, helping individuals to remain and thrive in work. Helen holds an MSc in Sports Psychology, and teaches on the undergraduate programme at Cardiff Metropolitan University.

## SPEAKER

### **Dirk Wynsberghe, M.D., M.E.**

*Director, Medical Service, Belgian  
Integrated Police*

Since april 2018 Dirk WYNSBERGHE has taken the lead as director of de medical service of the Belgian Integrated Police (GPI). His preferred subject is operational and tactical medicine. The main issue however of the medical service is re-integration of sick and wounded policemen and women, and a program aimed at reducing absenteeism within the police force. After finishing Medical School at the Catholic University of Leuven in 1985, he started his career as an emergency physician, In 1988 he began working for the Belgian Gendarmerie. In 2001, after the police reform in Belgium, he took responsibility in the province of West-Flanders and in tactical an operational medicine. Since 2007 he teaches this subject within the medical service. In 2016 the acquired experience in reintegrating policemen an women gained national interest, which leded to his nomination as director of the medical service.





**Dr. Konstantinos Koronios**

Dr. Konstantinos Koronios is Research Coordinator of the laboratory of Organization and Management of Services and Quality of Life of the Sport Management Department, University of Peloponnese. Konstantinos holds a PhD in Marketing from the University of Peloponnese, a Master in Business Administration (MBA) from the University of Piraeus and a Master in Science (MSc) of Marketing and Communications with new technologies from the Athens University of Economics and Business and holds a Bachelor in International & European Studies from the University of Piraeus. His research interests include sponsorship, sport entrepreneurship, sport marketing and marketing strategy.

## MODERATOR WORKSHOPS

### **Epp Jalakas, MA**

*Vice-President of the Estonian Police Sport Association*

*Head of Sport of the Estonian Academy of Security Sciences*

Epp has worked in the academy and been responsible for police cadets' physical fitness for over 25 years. As a board member of the Estonian Academic Sports Federation, she has organized universities' and police sports events in Estonia over many years and also acted as the General Secretary of Estonian Law Enforcement Games in 2018.

Epp has been involved in the development of the physical test requirements of the Estonian police, rescue and correctional service and worked as an editor of the academy's newspaper.

She spends a lot of time organising sports activities at her workplace with students and colleagues. During vacations, she usually travels in Estonia or abroad with her family while also enjoying poetry and nature.



## Jane Bridge



### JUDO CAREER - RESULTS

- World judo champion first world judo championships for women 1980 - special award for best technique from Japanese Embassy.
- 3 times European champion
- 5 times British champion

### COACHING CAREER

- Coach to British National Team Atlanta Olympic Games, London Olympic Games
- Technical Director IPPON 5 Paris Judo Club
- Trainer multiple international judo seminars

### EUROPEAN RESPONSIBILITIES

- Vice President European Judo Union - responsible for Education - coach education, teaching pedagogy, Kata, veterans, police judo, judo in school, Special Needs programme
- Technical Advisor Swedish Judo Federation
- Technical Advisor Harrow School for Boys - Harrow on the Hill London,
- Technical Advisor British Judo Council

### HONOURS

- International Judo Federation Hall of Fame
- 8th Dan BLACK BELT

## SPEAKER

### Oliver Schürch

- Police Academy St. Gallen (Switzerland)
- Instructor for special Forces (National level)
- 6 years Commander Wetzikon
- Training and further education KomPol ZH, Peers Training
- Management course 1-3 incl. Lucerne University of Applied Sciences and Arts
- Media and Communication / Psychology at University of St. Gallen
- International Taser trainer
- Member of Swiss Police Sport Association
- Technical Member USPE Judo/Track and Field
- Officer-in-charge at Gottardo 16, «G8 Gipfel Evian», World Economic Forum Davos (WEF)
- Head of Delegation Portuguese National Team Football Euro 2008
- Air Marshall services



**Johannes Daxbacher**

In the Bavarian Police Academy Königsbrunn, Johannes Daxbacher works currently as teacher for law.

Before, he studied Diplom-Trainer (Cologne) and former member of German Judo National Team, was working for Sport, Self defense and Public Relation. For one year Johannes Daxbacher was even responsible in the Bavarian Ministry for Internal Affairs in the field of „intervention training“. He was 23 years the head of Bavarian Police Judo and since 2016 the head of German Police Judo / Self defense in the German Police Sports Federation (DPSK).

In his volunteer engagement he is running for 37 years the Police Sports Judo Club in Königsbrunn and was for several years the consultant for teaching and examination in German Judo Federation (DJB).

Since 2010 Johannes Daxbacher is strongly involved in the international Judo scene with humanitarian engagements (Judo for Development and Peace – Judo for Police and „Judo as a tool for a smarter conflict resolution for Police forces; Judo for Ethiopians, Judo-values ...) in the International Judo Federation (IJF) as well as in the European Judo Union (EJU).

His project „Judo for Ethiopians“ was incorporated by German Government in the initiative „More space for Sport – 1.000 chances for Africa“. In upcoming November he will go for the 10th time to Ethiopia to develop a national Judo structure in the east-african country with more than 100 million people.

## COORDINATOR

### **Andreas Röhner**

*Secretary General of the Union Sportive des Polices d'Europe (USPE)*

In the USPE Andreas Röhner is responsible for the implementation of the decisions and guidelines adopted by the Congress, the President or the Executive Committee. He is responsible for the administration and the sport of the USPE and is the main contact person for the member associations.

He earned his Master degree from the German Police University in studies of Public Administration – Police Management. He is an executive coach for leadership theory and scenario – based learning.

In addition to his function as Secretary General of the USPE, he is Sports Commissioner of the Thuringian Police. In his professional duties he always incorporates experiences from cycling and running, which he passionately pursues in his free time.



## **Stefanie Radenovic**

*Responsible Administration Officer in the General Secretariat of the Union Sportive des Polices d'Europe (USPE)*

In the USPE Stefanie Radenovic supports the Secretary General with the implementation of the decisions and guidelines adopted by the Congress, the President or the Executive Committee as well as with the administration work.

She earned the Bachelor of Arts degree at the Thuringian University of Applied Sciences for Public Administration – Police Department in law enforcement.

She began her police career in the sports promotion group and represented the Thuringian police in national and international bobsledding competitions. Her greatest successes here were the achievement of the 4th place in the two-man bobsleigh competition at the 2015 World Championships, the winning of the silver and bronze medal at the European Championships 2004 and 2015 and the five-time gaining of the Vice Junior World Champion title 2008, 2009, 2010, 2012 and 2013.



## TRAINER

### **Wolfram Müller**

*Administration Officer in the General Secretariat of the Union Sportive des Polices d'Europe (USPE)*

In the USPE General Secretariat Wolfram Müller carries out supporting administration activities regarding the implementation of the decisions of the Secretary General.

He finished his education at the Training Centre of the Thuringian Police as a police officer. Wolfram Müller is a qualified sports instructor as well as a police trainer for tactics and shooting. He began his police career in the sports promotion group and represented the Thuringian police in national and international Track and Field competitions. His greatest successes here were the achievement of the 1<sup>th</sup> place in the European Cup over 3000Meters and the participation in the Olympic Games 2004in Athens.

Furthermore, he was three times European Junior Champion (5000Meters, 1500Meters, Cross Country) and won the silver Medal at the World Junior Championships in 1500 Meters.









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ONORANZE FUNEBRI  
*Antares*

**ACSI**  
ASSOCIAZIONE CENTRI  
SPORTIVI ITALIANI

The logo for ACSI (Associazione Centri Sportivi Italiani) features the acronym 'ACSI' in a bold, blue, sans-serif font. Below the letters, there are stylized, flowing lines in the colors of the Italian flag: green, white, and red. The text 'ASSOCIAZIONE CENTRI SPORTIVI ITALIANI' is written in a smaller, blue, sans-serif font directly beneath the acronym.

 **GIVOVA**



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civiccentro stampa